Responsive Behaviours Symposium VII - Building Resilience: Caring for the Care Provider

20 February 2019
8:30 - 9:00 AM - Registration & webinar set-up

9:00 - 9:15 AM - Welcome & introductions - ICCER

9:15 - 10:00 AM - Building Resilience in Your Team - Lynne Moulton & Tammy Damberger

10:00 - 11:00 AM - Building Resiliency Through Mindfulness - Lynn Anderson & Rebecca Low

11:00 - 11:15 AM - BREAK

11:15 AM - 12:15 PM - Music and Mindfulness Tools for Self-Care - Fleur Hughes
Agenda Continued

• 12:15 – 1:00 PM - LUNCH BREAK (Note: No lunch will be provided for this session)

• 1:00 - 1:45 PM - Psychological Health in the Workplace: Carewest's Journey - Darrell Lang

• 1:45 - 2:45 PM - The Aggressive Behaviour Risk Assessment Tool (ABRAT-L): A new tool to help predict resident aggression in LTC - Brigette Berry & Lori Young

• 2:45 - 3:00 PM - Closing remarks
Housekeeping

• Please keep your controls on ‘mute’ unless you are asking a question. If you are using your computer for audio, and have a mic, you can put your hand up to speak and ask your question, or you can type the questions in the chat box.

• If you are using the telephone for audio, you will not be able to ask questions directly. You will have to use the chat box.
Housekeeping

• You can also text 780-914-9590 or email sandra@iccer.ca to have your question read out.

• There will be one 15 minute break, plus a lunch break. We will start back 1:00 PM sharp.
INSTITUTE FOR CONTINUING CARE EDUCATION AND RESEARCH (ICCER)

A network of post-secondary institutions, continuing care providers, and regulatory bodies collaborating to improve continuing care in Alberta
Community Needs Driven Research Network (CNDRN)

• The purpose is to identify needs – from the perspective of the community and care providers - related to continuing care where education and/or research could help improve care

  AND

• To encourage research and knowledge translation to address the identified issues.
Community Needs Driven Research Network (CNDRN) for Continuing Care in Alberta

Top 10 Issues Identified by CNDRN Consultation Process & Related Research & Education supported* by ICCER as of February 2019

1. Managing Behaviours:
   • Managing Responsive Behaviours - PI Dr. S. Brémaud-Phillips, U of A (2013)
   • Behavioural Supports Alberta Symposium (2014, 2015, 2016)
   • Connecting with People with Dementia - PI N. MacLachlan, Bow Valley College (2015/16)
   • Responsive Behaviours Symposium 2017 - Communication Tools to Enhance Care (2017)
   • Fort McMurray - Communication Tools to Enhance Care (2017)
   • Responsive Behaviours Symposium 2018 - Becoming a Behavioural Detective: Supporting Complex Behaviour in Elder Care (2018)
   • Fort Chipewyan - Communication Tools to Enhance Care (2018)
   • Responsive Behaviours Symposium 2019 - Building Resilience: Caring for the Care Provider (2019)

2. Education related issues:
   • Creating Cultures of Care: How Responsive Leadership Enables Responsive Care events (2013)
   • Responsive Leadership - PI Dr. S. Caspar & D. McLeod, Bethany Care Society (2014/15)
   • Inter-RAD: Utilizing Data to Enhance Clinical Care education session (2015)
   • Creating Cultures of Care through Responsive Leadership workshops (2016)
   • Learning Circles - PIs D. McLeod, Bethany Care Society & G. Barrington, Barrington Research (2013); PIs Dr. S. King, U of A & S. Friesen, Bethany Care Society (2014/15); PIs S. Friesen, Bethany Care Society & Dr. S. King, U of A (2016/17)
   • Falls Prevention in Continuing Care and the Community education session (2017)
   • Collaborative Practice Discussions: Creative and Collaborative Approaches to Learning (2018)
   • ICCER Networking Events: Keeping Seniors Safe (2018)

3. System navigation & transition of care:
   • Feasibility Study of an On-Line Intervention for Family Caregivers of Residential-Living Frail Older Persons PI Dr. W. Duggleby, U of A (2016/17)
   • Feasibility Study of an On-Line Intervention for Family Caregivers of Residential-Living Frail Older Persons PI Dr. W. Duggleby, U of A (2016/17)

4. Role definition within the CC sector:
   • Optimizing Workforce Utilization to Inform Care Delivery in Continuing Care Facilities - PIs Dr. E. Suter, AHS & S.C. Woodhead Lyons, ICCER (2012/13)
   • A Comparison of the Effectiveness of Electronic vs. Paper-based Documentation - PI J. Tse, Wing Kei Care Centre (2014/15)
   • Collaborative Practice Discussions: The Role of Health Care Aides in Continuing Care (2017)

5. Staff retention & recruitment:
   • Exploring the Influence of Teamwork on Recruitment and Retention - PIs Dr. S. Dahlke & Dr. S. Staheli, U of A (2015/16, 2016-17)
   • Collaborative Practice Discussions: Supporting Staff in Abusive Situations (2018)

6. Person and Family Centred Care:
   • Creating Culture Change in Continuing Care & Removing Expressive Behaviours in Dementia Care education sessions (2014)
   • ICCER Speed Networking Event: Caregiving (2015)
   • Family/Staff Relationships in Continuing Care education session (2015)
   • Towards an Alternative Material Culture of Dementia Care - PI Dr. M. Strickfaden, U of A (2015/16, 2016/17)
   • ICCER Speed Networking Events: Person & Family Centred Care (2016); The Importance of Communication in Person Centred Care (2017); Influences on Person Centred Care: Teamwork & Policy (2017)
   • Collaborative Practice Discussions: Building Family/Resident Engagement in LTC & Supportive Living (2017)
   • ICCER Networking Events: Enhancing Mealtimes in Long-Term Care (2017)
   • ICCER Networking Events: Living Spaces: Policy Supports and Barriers in Alberta (2018)
   • Collaborative Practice Discussions: Building Resident/Family Engagement in Continuing Care (2018)
   • ICCER Networking Events: Ethical Issues in Continuing Care (Sexuality & Cannabis Use) (2018)

7. Support for recreation & rehabilitation:
   • Recreation Services & Quality of Life - PIs Dr. G. Walker & Dr. R. Haennel, U of A (2014)
   • Determining Factors in the Care Environment that Influence the Effectiveness of Recreation Activities - PI D. Milke, CapitalCare (2015/16)
   • Implementing Music Care in Continuing Care education session (2016)
   • Music Care Community of Practice (2016 ongoing)
   • Music Care Conference (2017)
   • Feasibility and Acceptability of Personal Contact Interventions to Address Loneliness for People with Mild-to-Moderate Dementia in Long-Term Care - PI H. O’Rourke, U of A (2018)
   • Framing of an Alberta-based Music for Life program - PI H. O’Rourke, U of A (2018)
   • Music, Aging and Wellness - exploring music-based health arts policy in Canada as it relates to the ageing population – PIs B Foster & L Willingham (2018)

8. Intercultural issues:
   • Scoping Cultural Awareness Training Options for Staff Working with Older Canadians in CC in AB - PI Dr. L. Venturato, U of C (2014/15)
   • ICCER Speed Networking Event: Intercultural Issues (2016)

9. Palliative Care, end of life, & hospice:
   • Transitions Experienced by Family Caregivers of Persons at the End of Life - PI Dr. W. Duggleby, U of A (2014/15)
   • Participation in Embedding Palliative Approaches to Care (EPAC) Spread Collaborative (2018)
   • Palliative & End of Life Care in Continuing Care education session (2018)

10. First Nations issues:
    • Developing an Educational Model to Support CC in Remote Northern Communities - PIs Dr. S. King, U of A & Dr. V. Thompson, Keyano College (2014/15)
    • An Experiential Learning Curriculum to Support the Care of Aboriginal Populations in Continuing Care in Remote Northern Communities - PIs Dr. S. King, U of A & Dr. V. Thompson, Keyano College (2016/17)

Transfer knowledge back to caregivers in the community, including:

https://www.facebook.com/iccera.ca/
https://twitter.com/ICCER_AB
http://tinyurl.com/pileahih (Group)
http://tinyurl.com/lookbikm (Company)

*Support is provided in various ways including financial support, research team support (Project Management, Advisory Committee, data collection and analysis, etc.), and knowledge translation.
Our Speakers

• Lynne Moulton
• Tammy Damberger
• Lynn Anderson
• Rebecca Low
• Fleur Hughes
• Darrell Lang
• Bridgette Berry
• Lori Young
Please complete an evaluation!

The link to the online evaluation will be sent out to all registrants by tomorrow afternoon.

If you have a webinar link, the evaluation link will be sent to the person who registered. If you have multiple people viewing, please share the link with them.
Contact Us

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