Fact: Dementia does not cure pain

Dementia does not make arthritis and other aches and pains go away. But because people with dementia cannot always tell you what they are feeling their pain often gets overlooked.

This on-line *Pain & Dementia workshop* explains how dementia and pain are related. It provides a simple 5-item assessment tool to use to help you recognize pain in someone with dementia. The workshop also gives you tips on talking to healthcare professionals about pain in someone with dementia.

For community groups there is a downloadable manual explaining all the steps of organizing a workshop and how to use the on-line presentation in a group.

The website provides extra information about pain and dementia for family members and healthcare providers.

[www.painanddementia.ualberta.ca](http://www.painanddementia.ualberta.ca)