



NOTES FROM ICCER

Emily and I had an extremely busy but productive April. We started off with ICCER's first Innovation Day on April 3rd. Innovation Day was a chance for ICCER member organizations (and a few ICCER friends) to "show off" and share. We were pleased with the feedback we received and are already looking forward to Innovation Day 2020! We also held Networking Events in Calgary and Edmonton this month. You can read more about them in this issue.

ICCER and the Alberta Seniors Communities & Housing Association (ASCHA) work cooperatively and share information and resources with each other. Thanks to ASCHA's generosity, Emily and I were able to attend this year's ASCHA Convention and Tradeshow. The conference was very well organized and informative. The theme was "Share the Magic" and was all about enhancing customer care. Although the focus for the most part was on the resident/family as the customer, it was very thought-provoking for both of us. Our customers are the ICCER members. We want to make your journey with ICCER "magical." We will continue to enhance the services ICCER offers our members and look forward to continuing to meet and talk with many of you. Remember, you can always provide feedback by email, telephone, or through our event evaluations.

I'll be away most of May but Emily will be busy preparing for our exciting June events. See you then!

Sandra Woodhead Lyons, PHEc
Executive Director, ICCER

Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year.

If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what's included in an individual membership!](#)

OUT & ABOUT WITH ICCER

Innovation Day 2019

On April 3rd ICCER held its first Innovation Day. The CapitalCare Dickinsfield Auditorium was packed full of ICCER members eager to share their ideas for curriculum and practice. We had oral presentations, a poster session, as well as booths set up around the room.

The event started with a beautiful performance by the Health Arts Society of Alberta. They shared their music as well as explained the work they do within continuing care homes. We also had presentations on *Dignity in Death* (Sherwood Care), the *CCHSS Audit Process* (Good Samaritan Society), NorQuest College's *International Health Careers Challenge*, *Awakening with Java* (CapitalCare), *Intergenerational Partnerships* (CapitalCare), and the *Daisy Project* (St. Michael's LTCC).



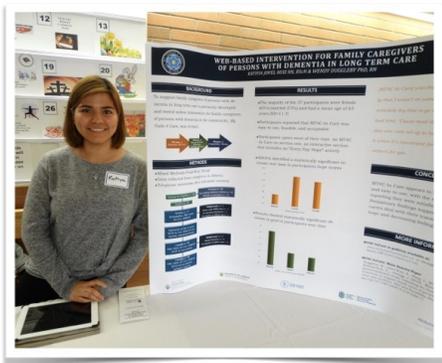
OUT & ABOUT WITH ICCER CONT'D

The poster session included information from ICCER member organizations on the various initiatives they have been involved in. CapitalCare shared their quality improvement project targeted at reducing falls, while St. Michael's LTCC provided information on a SCOPE study on falls. We also had a poster by the U of A's Faculty of Nursing on their smartNursing program. Sandra and Emily created posters on ICCER's work on resident/family engagement and palliative and end-of-life care in continuing care.



Display booths provided an opportunity for members to participate in Virtual Reality (NorQuest College) and the VirtualGym (University of Alberta). ASCHA's booth included an interactive display of their Learning Centre for Senior Living. CapitalCare staff showed off their work on expressive arts participation programming and Connect Corner, and Sherwood Care had resources for members on their Dignity in Death process. Cardinal Health was also present to share some of the innovative tools they have for care. Information was presented on *My Tools 4 Care— In Care*, a site to support family and friend carers of persons living with dementia in a care home. PhD Candidate (Faculty of Rehab Med, U of A) Noelannah Neubauer shared her research on guidelines for persons with dementia at risk for getting lost.

Overall, Innovation Day 2019 was a great success! Our members expressed their excitement over the opportunity to connect with one another and exchange their knowledge and resources.



SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, [click on the link](#) to be added to our distribution list!

[Click here to subscribe!](#)

Networking Events

On April 8th we had a road trip to Calgary. Lara Pinchbeck, who spoke at both the Calgary and Edmonton events, travelled with us. At Bow Valley College we were joined by Amanda Weightman, Catherine Robertson and Rocky Wallbaum. They shared information from their work done on the Calgary LGBT+ Seniors Housing Needs Assessment, including how to create inclusive housing for LGBT+ seniors. In her presentation, Lara discussed elements of universal design that impact someone's invisible disabilities.

The Edmonton Networking Event was held on April 11th at Shepherd's Care Kensington. Eric Storey shared information on the concerns that many...





LGBTQ2S+ seniors have as a result of their lived experiences, and the steps that can be taken to provide safe and inclusive housing, care and programming.

[Click here to read more about this and past ICCER Networking Events and view presentation slides on our website!](#)

REGISTER NOW!

ICcer Networking Events

In June we will have Dr. Megan Strickfaden (Department of Human Ecology, University of Alberta) showing and discussing *"Giving voice to older adults through co-created films: Learning how designed things can support the aging process."*

These events will focus on the intensive, intergenerational and meaningful process of creating five illustrated films with older adults, caregivers, staff, students and a filmmaker who worked to communicate how designed things can support the aging process. Thirty-two resident artists (ages 60-101) were given voice through the development of a variety of media including visuals and spoken word. **The films produced are geared towards those who are (or are training to be) formal or family/friend caregivers to encourage them to think about how designed things can support the aging process.** To date the films have been watched and accumulated a total of 1,038 times in eight countries (Canada, USA, Australia, Sweden, France, Israel, Russia & Brazil). Films will be viewed and discussed during the event!

Note: these events are *free* for ICcer organizational and individual members! The cost is \$50/person for non-members to attend.

Click on the dates below for more information and to register!

- **Tuesday, June 4, 2019 in Edmonton**
- **Monday, June 10, 2019 in Calgary**

SAVE THE DATE!

Collaborative Practice Discussions

Restraints—What's the Latest? The AH Continuing Care Health Service Standard #16: Restraint Management and Secure Spaces continues to cause concern and confusion among care providers. ICcer members are invited to attend a Collaborative Practice Discussion to discuss how our organizations can meet the Standard while maintaining best practice and person-centred care for residents.

Additional information to come! We will also share resources ahead of time with those who register to attend the session. ***Remember—Collaborative Practice Discussions are only open to ICcer member organizations!***

- **Tuesday, June 11, 2019 in Calgary**
- **Wednesday, June 12, 2019 in Edmonton**

JOIN OUR COMMUNITIES OF PRACTICE

In addition to our Music Care Community of Practice (CoP), ICCER has recently started a CoP for Educators and Best Practice Leads in continuing care. All ICCER organizational members are welcome to participate!

- **Music Care CoP**—To help members become more aware of the music care options and resources available to them, as well as discuss issues related to implementing music in care.
- **Continuing Care Educators CoP**— An opportunity for members to share resources, discuss strategies for integrating knowledge to practice, and explore the connection between curriculum and clinical education/practice. **The next CoP meeting will be held via teleconference on June 5th.**

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Staff of ICCER member organizations who are interested and willing to participate in either CoP, please contact ICCER's Program Coordinator, Emily Dymchuk (emily@iccer.ca).

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Click on the link to receive future issues of our monthly Newsletter!

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RESOURCES & SPECIAL DATES

- [Hospice Palliative Care Week](#) is May 5-11, 2019. Test your knowledge about hospice palliative care myths throughout the week on Facebook (@CanadianHospicePalliativeCare) and on Twitter (@CanadianHPCAssn) using the hashtag #BustingtheMyths.
- [World MS Day](#) is May 30th.
- May is [Speech & Hearing Awareness Month](#).
- May 6th is [National Day to End Bullying](#) — Remember, it's not just an issue for kids. Seniors are often bullied.
- [National Nursing Week](#) is May 6-12, 2019. Check out what ICCER member CLPNA is doing this year to celebrate!
- May always turns ICCER's head to gardening! Therefore we should all celebrate National Composting Awareness Week May 5-11, 2019 and check out the [Council of Canada Compost site](#).

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily Dymchuk (emily@iccer.ca).



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