

June 2020

ICCER Newsletter



NOTES FROM ICCER

Our spring 2020 webinar series has wrapped up! We started offering webinars in November 2019, but they were meant to be extra programming for our members and supporters. With COVID-19, webinars became the main way of providing support and education. Since November, ICCER has hosted 12 webinars. Both Emily and I would like to thank all of our enthusiastic speakers for taking the time to present and share their knowledge with our members. Without them our webinar series would not have been successful.

We will be taking a break from webinars over the summer, but will be returning in September with a new series! If you have ideas for topics or speakers, please let emily@iccer.ca know.

Sandra Woodhead Lyons, PHEc
Executive Director, ICCER

ICCER WEBINARS

Did you know?

ICCER webinars are recorded and can be found on the [Members-only Area](#) of the website for **Organizational and Associate members under 'Recordings from Education Sessions'. If you are an Individual ICCER member and want to view a past webinar, contact us and we will set up a time to re-air the webinar for you!**

Here's what you may have missed:

- *Sexual Expression in Continuing Care Homes: Perspectives of Managers, Leaders, Family Members, & Residents* with Dr. Lisa Howard
- *Initiating Conversations about Resident Sexual Expression in Alberta Continuing Care Homes: A panel discussion*
- *Aging & LGBT+: Housing Fears & Considerations* with Amanda Weightman & Rocky Wallbaum
- *Best Practices through Design in Congregate Living* with Dr. Megan Strickfaden
- *Designing Principles in Memory Care Facilities* with Berry Architecture
- *Serious Games: Vibrant Minds & Virtual Gym* with Drs. Adriana Rios Rincon & Victor Fernandez
- *The Alberta Rating Index for Apps (ARIA)* with Dr. Peyman Azad Khaneghah

- *Software Applications in Support of Caregiving to Older Adults* with Dr. Eleni Stroulia, Ruby De Jesus, and Mehadi Sayed
- *Creating Meaningful Relationships with Family Caregivers Part 1: The Caregiver-Centered Competency Framework* with Dr. Jasneet Parmar
- *Creating Meaningful Relationships with Family Caregivers Part 2: The Carers Support Needs Assessment Tool* with Sharon Anderson & Catherine Thornberry
- *Indigenous Health & Continuing Care in Rural Northern Alberta* with Dr. Nadine Rimmer
- *Human Factors in Healthcare: Part 1* with Jonas Shultz

Not an ICCER member? **Non-members can view past webinars for \$15 each.** Payment can be made on the [ICCER payment system](#). Once payment has been made, we will contact you to set up a time to watch the desired webinar.

Become an Individual ICCER member! Individuals not associated with an ICCER organizational or associate membership can join the ICCER network for \$150/year.

Individual members get free access to ICCER events and webinars. If you are employed by one of ICCER's member organizations or associate members, you are already considered a member and are eligible for the related benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more information on individual membership!](#)

SAVE THE DATE!

ICCER Webinars

Save the date for *Human Factors in Healthcare: Parts 2 and 3* with Jonas Shultz, who will build on the information shared in Part 1 on June 24.

Part 2 will be held on **September 16, 2020 @ 10 AM MDT** with a focus on applying human factors to enhance medication safety. Part 3 will be on **October 14, 2020 @ 10 AM MDT** and will feature staff from CapitalCare Norwood discussing the use of human factors in environmental design. *More information to come!*

SIGN-UP FOR FUTURE EVENT INVITATIONS!

Receive future email invitations to ICCER events!

[Click here to
subscribe!](#)

Family Caregivers Study

Researchers Dr. Hannah O'Rourke and Dr. Wendy Duggleby of the University of Alberta are studying how best to support caregivers of a person with dementia in long-term care.

Knowing these caregivers experience challenges, this study hopes to find ways to increase caregivers' self efficacy, hope, social support, and mental health. **The research team is recruiting family/friend caregivers aged 18 and older, of an older person (65 years of age and older) living with dementia in long-term care, to participate in the study.** Participants will be assigned to one of two ways of supporting caregivers and will be asked to answer questions over the phone about themselves and their care receiver. **The time commitment is approximately 2 hours over 4 months and all participants will receive a \$20 coffee gift card. Please contact the research team for more information on how to promote this study to caregivers in your organization: 1-877-692-5909 or care.support@ualberta.ca.**

MEET OUR MEMBERS



Andrea Young is the Research & Program Development Lead for Silvera for Seniors. Prior to joining Silvera, she spent 12+ years working in the non-profit sector in various roles such as research, evaluation, capacity building, financial management, and program design and delivery. Andrea is passionate about evidence-based practice, data-informed decision making, and innovative service delivery for older adults. In her role at Silvera, Andrea supports the growth of their learning culture and strengthens community connections through ongoing evaluation work and collaborative research. Andrea holds a Master's of Science in International Development from the University of Bath in England, and a Bachelor of Management in Accounting and International Management from the University of Lethbridge. Andrea has lived in/visited over 40 countries, is an author, and a dill pickle enthusiast. Through Silvera's

membership with ICCER, she has been able to contribute and take part in province-wide learning opportunities and the advancement of quality of life for older adults. We asked her some questions about her experience so far...

What do you find most challenging about working in continuing care?

I find it challenging to continuously wrestle with external stereotypes of older adults, and my own internal biases. All humans are unique and bring different skills, interests, and histories with them. It's important not to lump seniors into one group, labelling them all as bingo-loving and technology illiterate. That is true for some, but certainly not all. Pushing myself and others to think beyond stereotypes to see the humanity and individuality of seniors is an ongoing, but important, challenge.

What has surprised you most about working with ICCER?

I've been really impressed by ICCER's willingness to run with different ideas and suggestions, and with their collaborative approach to learning. ICCER has been very responsive to the needs of organizations, and has not been prescriptive in their approach - their work is truly informed by their members.

BECOME AN ASSOCIATE MEMBER OF ICCER

Who is eligible for Associate Membership? Organizations with an interest in supporting and improving continuing care in Alberta, but who are not continuing care provider organizations, post-secondary institutions, or regulatory bodies.

What are the benefits of Associate Membership? Benefits are similar to, but not as extensive as those for Organizational Members. Associate Members will not participate in the governance of ICCER but will receive...

- The opportunity to network and collaborate with like-minded organizations in both formal and informal ways;
- The ability for researchers and providers to discuss continuing care research needs;
- The opportunity for staff to join meaningful Communities of Practice (CoPs) in order to learn and collaborate;
- Limited free attendance to all ICCER events (unless a charge is required, in which case members pay a reduced fee);
- Pre-registration for major education events;
- Resources and information sent weekly;
- Members-only website that includes information and resources that most organizations would not otherwise be able to access; and
- The monthly e-Newsletter

[Click here to read more on ICCER's website!](#)

JOIN OUR COMMUNITIES OF PRACTICE

ICCER started a Music Care Community of Practice (CoP) in fall 2016 and since then have added a CoP for Educators and Best Practice Leads in continuing care, as well as a collaborative working group for continuing care policies. All organizational members are welcome to participate! Associate members are invited to join the Music Care and Educators CoPs.

- **Music Care CoP** - To help members become more aware of the music care options and resources available to them, as well as discuss issues related to implementation.
- **Continuing Care Educators CoP** - An opportunity for members to share resources, discuss strategies for integrating knowledge to practice, and explore the connection between curriculum and clinical education/practice. **The next meeting will be held via teleconference on July 8, 2020.**



- **Policy Working Group** - ICCER has started a collaborative working group for organizational members to work together on policies, procedures, and forms in hopes of making the audit process easier and more consistent.

If you are from an ICCER member organization or associate member and are interested and willing to participate in one of these groups, please contact ICCER's Program Coordinator, Emily Dymchuk (emily@iccer.ca).

SUBSCRIBE TO THE ICCER NEWSLETTER!

Click on the link to receive future issues of our monthly e-Newsletter!

[Click here to subscribe!](#)

RESOURCES

- [Healthy Aging CORE Alberta](#) is a “knowledge hub for Community-Based Seniors Serving organizations and allied agencies and individuals in Alberta.” Visit their website for community resources and programs, training and events.
- MedROAD by [Naiad Lab](#) provides an AI and advanced data analytics-driven virtual clinic for effective monitoring of general public health. The tool has been centralized and fully integrated for the public to receive personalized oversight by health professionals by expediting assessment, triage, and monitoring. MedROAD enables secure data gathering, feedback and reporting to health organizations for efficient tracking that can also assist with COVID-19 for effective risk assessment and planning.

CONNECT WITH US ON SOCIAL MEDIA



Overall, MedROAD provides a scalable and low-cost Smart Health system for public health needs that is a natural fit for continuing care. A continuing care organization is able to leverage MedROAD and provide true, quality preventative healthcare to residents with various needs to manage various chronic conditions, while benefiting from the low cost and minimal infrastructure system. MedROAD emulates and goes beyond the traditional clinic visits by utilizing the latest AI, digital health and visual analytics capabilities. [Click here](#) for a short demonstration featured on Global News.



Institute for Continuing Care Education and Research
4-023 Edmonton Clinic Health Academy
11405 87 Ave, Edmonton, Alberta T6G 1C9
Canada

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