

NOTES FROM ICCER

Hello, everyone! This edition marks the first anniversary of our ICCER Newsletter. When we started last July it only went to our Steering Committee members. Each SC member then distributed it to others within their respective organizations. Soon people started to ask us to send it to them directly and we now have 175 subscribers to our Newsletter!

Speaking of anniversaries, it's never too soon to start planning for important milestones. ICCER will turn 10 years old in October 2018. Yes, that is 14 months away, but it takes time to organize events! If you have suggestions for how ICCER can recognize this significant anniversary, send them to sandra@iccer.ca or emily@iccer.ca.

Sandra Woodhead Lyons, PHEc
Executive Director, ICCER



Reminder that individuals not associated with an ICCER member organization can join the ICCER network for \$150/year. If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits!

Individual memberships will run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what's included in an individual membership!](#)

UPCOMING EVENTS

Responsive Behaviours Symposium 2018 with Kim Barthel

ICCER and the [Complex Needs Initiative](#) are excited to host the Responsive Behaviours Symposium on **February 15, 2018** with Kim Barthel! Kim has over 30 years of experience in the field of occupational therapy and has worked with individuals with a spectrum of neurological and developmental disabilities. The Symposium will be held in-person at South Health Campus in Calgary with videoconference sites available elsewhere. **More information to come!**

ICCER is partnering with [Room 217 Foundation](#) and the [Winspear Centre](#) to offer the **2017 Music Care Conference (MCC) in Edmonton on Monday, November 6th!**



WHAT? MCC is a one day conference bringing together care partners interested in the role music has in quality of living and care. The 2017 Conference will explore the effects of music and the arts on health and wellness.

WHY? Music is increasingly being recognized in health care communities as an effective means of care. Music care uses music with intention, knowing that therapeutic principles of sound and music affect us and can have specific outcomes. Music care integrates sound, silence and music into life, paying close attention to how interpersonal connections and human contact is enhanced through music associations.

WHO? MCC is for anyone who wants to learn more about the role music plays in care, including healthcare providers, family/volunteer caregivers, care receivers, musicians, faith-based and community agencies and students.

UPCOMING EVENTS CONT'D

Conference Speakers & Performers

Two individuals who will be sharing their talents at the MCC are Julian West and Sherryl Sewepagaham.

Participatory Arts & Dementia Care—Julian West. Professional musician (oboe) Julian West also works developing creative learning and participation projects for many organizations in England. Julian is Head of *Open Academy*, the Royal Academy of Music's creative learning program, where he lectures on creative music leadership and researches best practice. He has also been invited by the Wellcome Trust to take up the 2016-18 residences in The Hub at the Wellcome Collection. This group includes scientists, artists, clinicians, public health experts and broadcasters, and will examine and challenge perceptions of dementia through scientific and creative experimentation.



Opening performance—Sherryl Sewepagaham. Sherryl is a singer, hand drummer, music educator and Music Therapist from the Little Red River Cree Nation in Northern Alberta. Sherryl has been a member of the Aboriginal women's trio, *Asani*, for almost 20 years, coaches young singers, teaches cultural drum songs, composes for other people and productions, and released her first solo album, *Splashing the Water Loudly*, in 2014. The album's songs and Cree lyrics expose her heart and activism for her people.



**Early bird registration now open! \$129 Early bird • \$149 Regular
\$89 Students & Seniors • Group rates of 5 or more available!**

[Click here to go to the Conference website!](#)

#MCCAlberta2017 

SAVE THE DATE!

October 6, 2017 and October 11, 2017

ICCER will be holding Speed Networking Events in Edmonton on Friday, October 6th and in Calgary on Wednesday, October 11th. At both sessions, Dr. Susan Slaughter (Associate Professor, Faculty of Nursing, University of Alberta) will be speaking about the *Making the Most of Mealtimes (M3)* study. In this session, Susan will draw upon the health care literature, her research findings and the knowledge and experience of participants to discuss how the mealtime experience, the meal quality and meal access all work together to support food and fluid intake of long-term care residents, and to enhance their quality of life.

More information to come!

SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, **click on the link below** to be added to our distribution list!

[Click here to subscribe!](#)



MORE UPCOMING DATES

Here are some additional dates for upcoming events:

- **September 27-28, 2017:** ACCA IQ Conference in **Red Deer, AB**. Early bird registration for *IQ 2017: A World of Caring* is open. [Click here!](#)
- **October 19-21, 2017:** Canadian Association on Gerontology *Evidence for Action in an Aging World* in **Winnipeg, MB**. Early bird registration is available until August 19th. [Click here!](#)
- **March 5-6, 2018:** *Walk with Me: Changing the Culture of Aging in Canada* will be held in **Niagara Falls, ON**. Stay tuned for more details!

MEET OUR MEMBERS



For the July issue, we are featuring ICCER Steering Committee member Karen Gayman. Karen is currently the Director of Operations for Carewest, Dr. Vernon Fanning Centre in Calgary. She graduated from Ryerson University, Toronto, with

a BScN and holds a Masters in Health Administration from the University of Phoenix, Arizona. Karen has over 30 years of experience in leadership roles across the care continuum.

What do you find most challenging about working in continuing care (CC)?

Some of the things I find most challenging, and yet rewarding, are the endless possibilities to enhance and grow our people to be the best they can be in providing exceptional, competent, person-centred care to our clients and residents in CC. These opportunities are leveraged by enhancing and maximizing scope of practice, advancing practice and building on communities of practice to share knowledge and innovation. As resources increasingly become more constrained, the imperative to examine care delivery systems will become a key challenge for CC.

What changes would you like to see in CC?

I think the current paradigm shift of elderly care as it pertains to system redesign is changing how we operate in CC service delivery. As we move forward with the shift of creating a CC system that promotes and enables independence and wellness, caregiver supports, community services and workforce planning, all of our roles and areas of work will be tasked to look at CC through a different lens. I also think we need to continue to seize opportunities to share new knowledge and innovation in CC service delivery with other jurisdictions that are redesigning systems care for the elderly.

What has surprised you most about working with ICCER?

The range of experience and perspectives that different sectors bring to the table at ICCER has been great to

experience. I have learned in a short time from being with ICCER that the breadth and depth of those working with ICCER, such as the administrators, post-secondary educators and researchers, operators, and front-line managers, are all collaborating together towards the same goal. It is great to be able to contribute and be a part of this work.

What would you tell someone who is thinking about joining ICCER?

There are opportunities to broaden your knowledge and understanding of what all goes into the CC system.

"The range of experience and perspectives that different sectors bring to the table at ICCER has been great to experience."

Tell us a little about yourself. How did you come to where you are today? What are your favourite activities to do outside of work?

I would have to say that my leadership career in health care has been shaped and influenced by some extraordinary people and their ability to mentor. I love working with a wide range of stakeholders to grow and further my leadership development. I am inspired and motivated by others who research new knowledge and innovation.

In my spare time I love to garden, explore nature, go camping and spend time with family and friends.

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JOIN OUR COMMUNITY OF PRACTICE

Music Care CoP

Many ICCER member organizations have implemented music care programs at their sites, or are interested in doing so. To help ICCER members become more aware of the music care options and resources available to them, we have created a Community of Practice (CoP).

All ICCER members are welcome to participate in the CoP! Staff who are interested and willing to participate, please contact Emily Dymchuk (emily@iccer.ca).

The next Music Care CoP meeting will be held via teleconference on September 5, 2017 at 10:00 AM.



INTERESTING RESOURCES

- [*Pallium Palliative eBook, 2nd Edition*](#): Improve your bedside care with the 2nd Edition of the Pallium Palliative eBook—an interprofessional just-in-time clinical resource! The eBook is a practical, peer-reviewed, fully-referenced, one-stop resource that is intended to support safe, ethical, effective and accountable palliative care service. Its easily accessible information makes it ideal for non-specialist physicians, nurses, pharmacists, social workers and medical students.

Benefits of the eBook include an interactive table of contents, as well as hyperlinked pages that allow for simple navigation.

- [*A Resource Guide for Community Development of Palliative and End-of Life Care within Alberta*](#)—an initiative led by AHS
- [*CARENET \(Canadian Researchers at the End of Life Network\)*](#) - CARENET researchers explore palliative and end-of-life care experiences for Canadians, with the goal of understanding the issues surrounding end-of-life care and translating that knowledge into practice. Read about 6 studies (3 completed, 3 underway) related to residents with dementia, the evaluation of palliative care programs in LTC, and a review of advance care planning programs in LTC homes.

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (emily@iccer.ca).

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