

NOTES FROM ICCER

Well summer is definitely here! I hope everyone has enjoyed the weather—both the heat and the rain. I know both have worked well for my garden, it's very lush right now.

July also means it's the second anniversary of our ICCER Newsletter. When we first started the newsletter in 2016, it was sent to only our Steering Committee members. Before long people were asking to have a copy sent directly to their email. In July 2017 we had 175 subscribers. This July we have over 300 subscribers!

We have another anniversary coming up for ICCER. As of October 2018, ICCER will officially be 10 years old. We will be hosting Networking Events in October (see save the dates below) in both Edmonton and Calgary. Come out and help celebrate ICCER's anniversary!



Sandra Woodhead Lyons, PHEc
Executive Director, ICCER

Individuals not associated with an ICCER member organization can join the ICCER network for \$150/year!

If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits! Individual memberships run April 1st to March 31st of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

[Click here for more details on what's included in an individual membership!](#)

SAVE THE DATES!

ICCER Networking Events

ICCER will be hosting Networking Events in October! We will be in Calgary on October 9th and Edmonton on October 15th. The theme for the events will be "Ethical Dilemmas in Continuing Care," covering topics such as resident sexuality and cannabis use. *These events are free for individual and organizational ICCER members!* More information, including speakers, will be shared in the coming months.

- **Tuesday, October 9, 2018—Carewest Dr. Vernon Fanning Centre**
- **Monday, October 15, 2018—Edmonton Clinic Health Academy**

Collaborative Practice Discussions

We will also be holding Collaborative Practice Discussions for our organizational members in October. Discussions will be held on October 3rd in Edmonton and on October 10th in Calgary. Our topic for the sessions will be "Supporting Staff in Abusive & Distressing Situations." Stay tuned for more information, and registration, coming soon!

- **Wednesday, October 3, 2018—Edmonton, AB (Location TBA)**
- **Wednesday, October 10, 2018—Calgary, AB (Location TBA)**

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UPCOMING EVENTS

- **September 17-18, 2018 (Edmonton, AB)** - Working Stronger Conference 2018: [Equipping Albertans for Better Workplace Mental Health](#). Early bird pricing is available until July 31, 2018.

The conference will feature keynote speakers, workshops, panel presentations, training opportunities and exhibits to help advance efforts to support healthier workplaces across the province. It brings together the most creative and inspiring mental health thinkers and leaders in the field.

- **October 23-24, 2018 (Red Deer, AB)** - ACCA IQ Conference: [What's In a Number?](#)

This year's conference will feature an excellent program with a trade show of over 70 exhibitors. The IQ Conference is beneficial to those who work with adults and seniors in the community, supportive living and long-term care.

- **November 17, 2018 (Waterloo, ON)** - Music Care Conference 2018: [Music, Aging and Wellness](#),

Keynote speakers include Dr. Gary Ansdell, Music Therapy Practitioner and Scholar, Nordoff Robbins and Exeter University, UK; Dr. Andrea Creech, Canada Research Chair in Music in the Community, Laval University, Quebec City; and Ian Thomas, Canadian Singer/Songwriter and Juno Award winner.

SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, [click on the link](#) to be added to our distribution list!

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DATES TO REMEMBER IN AUGUST

August certainly has a lot of yummy, food-related 'special days'! They all claim to be 'National' or 'International', but not sure which nation they refer to. Enjoy, anyway!

- **August 1st** is International Beer Day. We know how popular Pub Nights are in continuing care settings. It's not necessarily the alcohol that's important, the social aspects of Pub Nights are what the residents like. So break out the beer (alcohol or non), and enjoy the summer!
- **August 2nd** is National Ice Cream Sandwich Day. Ice cream sandwiches have been around since the early 1900s. Vanilla, chocolate, and a combination of the two, are the most popular. You can make homemade sandwiches—just put some ice cream between a couple of wafers and enjoy!
- **August 3rd** is National Watermelon Day. Why not treat your residents (and yourself) to a juicy slice of watermelon?
- **August 10th** is National S'mores Day. I remember making these as a kid while camping. However, you don't need a campfire to make a s'more! A microwave will do the trick.
- **August 19th** is National Potato Day. Why not have potatoes at every meal? Unfortunately we have to wait until March for National Potato Chip Day.



JOIN OUR COMMUNITY OF PRACTICE

Music Care CoP

To help ICCER members become more aware of the music care options and resources available to them, we created a Community of Practice (CoP). **All ICCER members are welcome to participate in the CoP!**

Staff who are interested and willing to participate, please contact Emily Dymchuk (emily@iccer.ca).

The next Music Care CoP meeting will be held via teleconference on September 11, 2018.

CONNECT WITH US ON SOCIAL MEDIA



INTERESTING RESOURCES

- Canadian Institute for Health Information—[Dementia in Canada](#) report
- Alberta Health has launched the new [Alberta Health Care Aide Competency Profile \(2018\)](#) which replaces the Health Care Aide Competency Profile (2001). Here are a few of the highlights:
 - ◇ Outline the knowledge, skills, behaviours, and attitudes required by all HCAs who deliver care in AB
 - ◇ Core competencies that are transferrable across all practice settings and client populations
 - ◇ Core competencies not included in this profile may be attained via workplace experience and/or additional education
 - ◇ As a next step, Alberta Health will be updating the Government of Alberta Health Care Aide Provincial Curriculum
- Check out this [series of videos](#) by Dr. Megan Strickfaden (Department of Human Ecology, University of Alberta) created from the perspective of older adults. One video, *The Necklace*, was co-created with residents living at the Ashbourne and Dr. Strickfaden's team at the University of Alberta. It shows how objects act as mediative devices and can help people with socialization.

Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily (emily@iccer.ca).



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