

## NOTES FROM ICCER

ICCER is excited to announce the addition of individual memberships! **As of March 1<sup>st</sup>, individuals not associated with an ICCER member organization can join the ICCER network for \$150/year.** If you are employed by one of ICCER's member organizations, you are already considered a member and are eligible for all member benefits.

Individual memberships will run April 1<sup>st</sup> to March 31<sup>st</sup> of each year. Purchase your membership on March 1<sup>st</sup> to get the month for free! Please note that refunds will not be provided under any circumstance. All payments will be through our automated payment system. See below for a summary of membership benefits!

Benefit	Corporate	Individual
Seat on the Steering Committee with the ability to help shape the future of CC research & education	✓	
Free access to ICCER events		
Networking events (2 per year in each of Calgary & Edmonton)	✓ (no limit on # of seats)	✓ (self only)
November education event	✓ (no limit on # of seats)	✓ (self only)
February behavioural supports event	✓ (no limit on # of seats)	✓ (self only)
Collaborative Practice discussions – held in Edmonton & Calgary 4 times/year (discussion of issues & sharing of tools, ways to address the issues)	✓ (no limit on # of seats)	
ICCER Newsletter	✓	✓
Networking & collaboration with ICCER members on an ongoing basis	✓	✓
Email updates from ICCER on resources and events of interest to help change practice	✓	✓
Opportunity for participation in ICCER-supported research projects	✓	
Member-only website [under development]	✓	
ICCER membership logo signature block	✓	✓

[Click here to purchase your individual ICCER membership!](#)

## OUT & ABOUT WITH ICCER

On **February 9th**, ICCER participated in the [Alberta Association on Gerontology](#) (AAG)'s **Nibble Nosh & Network** event. ICCER Steering Committee member, Renate Sainsbury (General Manager, Lifestyle Options), presented *Research-Practice Partnerships in Action: Implementing an Evidence-Based Approach to Dementia Care*.

## OUT & ABOUT WITH ICCER CONT'D



Renate Sainsbury speaking at the AAG's Nibble, Nosh & Network on February 9<sup>th</sup>.



Emily Dymchuk, Program Coordinator, ICCER, presenting a poster at the AAG's Nibble, Nosh & Network on February 9<sup>th</sup>.

On **February 23, 2017**, ICCER was pleased to present a full-day education session, *Responsive Behaviours 2017: Communication Tools to Enhance Care*, to help support person and family-centred care by encouraging a mindful approach to communication with individuals with responsive behaviours and other communication barriers.

Our speakers, Mark Marcynuk (Dynamite Coaching) and Dr. Jeff Small (University of British Columbia) provided practical ideas for communication based in theory and research.

At the beginning of the session participants were asked to write down what their intentions for the day were, and to identify why they wanted to improve their communication. The intent of the day was for each participant to take home at least 2-3 easily implementable ideas for improving communication with residents/family members. They were asked to go back to their sites and share this knowledge with their colleagues.



The speakers encouraged questions and audience participation. We have to thank Jo-Anne Henson (University of Alberta), Audrey Sand (CapitalCare), and Lynn Moulton (AHS) for their wonderful contributions!

The host sites were Edmonton Clinic Health Academy, where we had 80 participants, and Rockyview General Hospital in Calgary with 50 participants. There were also 35-40 videoconference sites registered, including 3 in Ontario, 1 in New Brunswick, and 1 in Nova Scotia.

**[Click here to see the presentations from the day!](#)**

Note: If staff who attended on February 23<sup>rd</sup> need a certificate of attendance for professional development purposes, please email Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).

On **March 14, 2017**, The [Alberta Association on Gerontology](#) is hosting the *Innovations in Dementia Care Symposium* in Calgary. This knowledge transfer session on leading edge research and practice will include:

- Dementia initiatives in Alberta;
- Netherlands' dementia village, De Hogeweyk;
- Preparing the community for dementia clients: caregiver support, technology assistance, Dementia Friends, dementia network and dementia-friendly communities; and
- Future of dementia care: research & risk reduction.

**The Symposium will be held from 8:00 AM to 4:30 PM at Bethany Calgary. Light breakfast and lunch included.**

**[Click here for more information and to register!](#)** Registration is due by March 6, 2017.

**Do you know someone who has made a significant contribution to the Alberta Association on Gerontology (AAG) or to the field of Gerontology?**

AAG is looking for nominations for the *Mary Morrison Davis Award of Excellence*. The deadline for nominations is **March 31, 2017**.

**[Click here to see the nomination form and instructions!](#)**

## MEET OUR MEMBERS



### **ICCER Steering Committee**

In this issue, we are featuring Nora MacLachlan, Dean, School of Health & Wellness, Bow Valley College.

#### ***What has surprised you most about working with ICCER?***

It surprises me how many people are working toward quality of care for aging Albertans and that we are able to achieve so much because we now have a common platform to work from.

#### ***What would you tell someone who is thinking about joining ICCER?***

It is a great way to network with others around the very important aspects of continuing care (CC). It provides an opportunity to dialogue, problem solve, and collaborate with the goal of a consistent approach toward value and quality.

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*“[ICCER] provides an opportunity to dialogue, problem solve, and collaborate...”*

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#### ***Tell us a little about yourself. How did you come to where you are today?***

I started nursing as my second career, and followed the trajectory from diploma to Baccalaureate degree to a Master's degree in Human Services, specializing in Health Care Administration. This was important to me, as I wanted to have a broad base of understanding when facilitating wellness for others. I have worked in CC, acute care, research and education. All of which provided me with insight and compassion for all aspects of health and wellness.

#### ***What might your fellow Steering Committee members be surprised to know about you?***

I went skydiving...with my 85 year old grandmother!

#### ***What are your favourite activities to do outside of work?***

I love to read and/or be around family and friends.



## UPCOMING EVENTS

Join ICCER and our Calgary-based member organizations, Bow Valley College, Bethany Care Society, Wing Kei Care Centre, Extendicare and Carewest, on **April 4, 2017** for our Networking Event: *The Importance of Communication in Person-Centred Care*.

With speakers **Donna Devlin** (Educational Consultant, Geriatric Mental Health, Calgary Region, AHS) and **Gail Thauberger** (Coordinator, HCA, RTA & NM Programs, School of Health & Wellness, Bow Valley College), we will be exploring the importance of communication in person-centred care. Donna will speak about the attitudes and judgements that are prevalent in caring for the mentally ill with responsive behaviours and developing a more open attitude and approach to care. Gail will share the findings of an ICCER-funded research project related to providing a leadership platform through communication strategies for LPNs. Opportunity to network over coffee and snacks included!



**This session will be hosted at Bow Valley College from 2:00 to 5:00 PM.**

This event is *FREE* for staff, faculty, and students of ICCER member organizations and for individual ICCER members. A \$25 registration fee is required for non-ICCER members to attend.

[Click here for more information and to register for this event!](#)

On **April 5, 2017** ICCER is hosting a Collaborative Practice Discussion in Calgary. We will be discussing the various policies and processes our members have implemented in meeting some of the new Continuing Care Health Service Standards. The Standards we will be discussing are: *5.0 Palliative & End-Of-Life Care*, *12.0 Medication Management*, and *15.0 Safe Bath & Shower Temperature*. Participants will share useful information and resources with one another to help support person-centred care. **Collaborative Practice Discussions are only open to ICCER member organizations!**

## SAVE THE DATE!

ICCER is partnering with Room 217 Foundation and the Winspear Centre to offer the **2017 Music Care Conference** in Edmonton on **November 6<sup>th</sup>**! Stay tuned for more information.

### Save The Date



2017 Music Care Conference  
Monday November 6, 2017  
Winspear Centre, Edmonton, AB



Room 217 is thrilled to present this one day conference with local partners from the Tommy Banks Institute for Music Creativity and the Institute for Continuing Care Education and Research.



### SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, click on the link below to be added to our distribution list!

[Click here to subscribe!](#)

### MORE UPCOMING DATES

Here are some additional dates for upcoming ICCER events. More information to come!

- **Wednesday, April 19<sup>th</sup>** - Collaborative Practice Discussion in Edmonton, AB (*ICCER organizational members only!*)
- **Thursday, April 20<sup>th</sup>** - Speed Networking Event in Edmonton, AB
- **June 2017** Collaborative Practice Discussions in both Edmonton & Calgary! (Dates TBD)



## JOIN OUR COMMUNITY OF PRACTICE

### CONNECT WITH US ON SOCIAL MEDIA

 [www.facebook.com/iccer.ca/](http://www.facebook.com/iccer.ca/)

 @ICCER\_AB

 <http://tinyurl.com/p9eabah> (Group)

 <http://tinyurl.com/oo6kjmd> (Company)

### Music Care CoP

Many ICCER member organizations have implemented music care programs at their sites, or are interested in doing so. To help ICCER members become more aware of the music care options and resources available to them, we have created a Community of Practice (CoP).

**All ICCER members are welcome to participate in the CoP!** Staff who are interested and willing to participate, please contact ICCER's Program Coordinator, Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).



**The next Music Care CoP meeting will be held via teleconference on April 11, 2017 at 10:00 AM.**

## INTERESTING RESOURCES

- On December 7, 2016, the **Schlegel Centre for Learning, Research & Innovation in Long-Term Care** (CLRI) and University of Waterloo's **Research Institute for Aging** (RIA) co-hosted the 2nd *Culture Change Exchange* at the Centre of Excellence for Innovation in Aging. They have uploaded a playlist of all 12 sessions, including short clips of the presentations. [Click here to view!](#)

*Each month we will highlight new research, policies, reports, etc. that are applicable to continuing care. If you come across materials you would like to share, please send them to Emily ([emily@iccer.ca](mailto:emily@iccer.ca)).*

### SUBSCRIBE TO THE ICCER NEWSLETTER

Click below to receive future issues of our Newsletter!

[Click here to subscribe!](#)



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