



## NOTES FROM ICCER

Hi everyone! I hope you enjoyed the summer and had some time to relax. While Sandra has been away most of the month, I have been working to coordinate and finalize the details for our upcoming fall events! We have a variety of topics to cover in the coming months, from appropriate deprescribing in October to intergenerational programming in November. I hope to see you in the next few weeks!

Emily Dymchuk, PHEc  
Program Coordinator, ICCER

**Individuals not associated with an ICCER member organization/associate membership can join the ICCER network for \$150/year.**

If you are employed by one of ICCER's member organizations or associate members, you are already considered a member and are eligible for the related benefits! Individual memberships run April 1<sup>st</sup> to March 31<sup>st</sup> of each year. Please note that refunds will not be provided under any circumstance. All payments will be through our [automated payment system](#).

*[Click here for more details on what's included in an individual membership!](#)*

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## REGISTER NOW!

### To prescribe, or deprescribe, that is the question

Our Networking Events this October will feature presentations by Dr. Jim Silvius (Provincial Medical Director, Seniors Health, Community Seniors Addictions & Mental Health; Senior Medical Director, Seniors Health SCN) and Cheryl Sadowski (Associate Professor, Faculty of Pharmacy & Pharmaceutical Sciences, University of Alberta) in Calgary, and Kathleen Hunter (Professor, Faculty of Nursing, University of Alberta) speaking with Cheryl in Edmonton.



**Their presentations will focus on a review of medication-related problems in seniors, and practical approaches to improving prescribing and medication use practices. They will also include a review of case studies and hands-on use of tools available for deprescribing.** *Click on the links below to register!*

These events are suitable for all levels of care staff, pharmacists, faculty, students and family members in continuing care. *ICCER member organizations, associate members, and individual ICCER members can register for free! The cost is \$50/person for non-members to attend.*

Click here to register to attend in Calgary, AB on October 7, 2019!

Click here to register to attend in Edmonton, AB on October 15, 2019!

## REGISTER NOW! CONT'D

### Collaborative Practice Discussions

In October we will be discussing the implementation of automated records and how the process has impacted communication, workflow, and ultimately resident care. Although organizations are at different stages of implementation and some are still paper-based, these sessions provide opportunities to learn from those who are further along in the process and discuss successes, challenges, and strategies for improvement.

Those attending also have the opportunity to tour Silvera's Willow Park on the Bow and CapitalCare Lynnwood!

- **October 1, 2019—Edmonton**
- **October 8, 2019—Calgary**

**Remember—The Collaborative Practice Discussions are only open to ICCER's organizational members! If you are interested in attending, please contact Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca) or 780-248-5634).**

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## SAVE THE DATE!

### Education Event—Intergenerational Programming

We are holding our annual education event on **November 12, 2019**. We will be focusing on Intergenerational Programming. This topic was of interest at our Innovation Day back in April, so we thought it was a good opportunity to explore further. We will feature speakers from Age Friendly Edmonton, CapitalCare, Sherwood Care and LINKages! Note: This event will have main sites in both Edmonton and Calgary, as well as be available via webinar.



### Responsive Behaviours Symposium 2020

Our annual Responsive Behaviours Symposium will be held on **February 19, 2020** with a focus on some issues that often lead to behaviours in continuing care. We are still finalizing the details, but our topics will include sleep, pain and incontinence with presentations by Dr. Cary Brown (Professor, Faculty of Rehabilitation—Occupational Therapy, University of Alberta), Verdeen Bueckert (Practice Lead, Seniors Health Strategic Clinical Network), Kathleen Hunter (Professor, Faculty of Nursing, University of Alberta) and Eve Baird (Founder of The Sleep Kit).

### April Networking Events

We've already begun planning for our April 2020 events! The topic for the Networking Events will be Caregiver-Centred Care with speakers Dr. Jasneet Parmar (Medical Director, Network of Excellence in Seniors' Health & Wellness) and Sharon Anderson (Research Coordinator, Network of Excellence in Seniors' Health & Wellness).

- **April 16, 2020—Edmonton**
- **April 20, 2020—Calgary**

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## WELCOME OUR NEW MEMBERS!

ICCER is excited to welcome our new and first Associate Members, Berry Architecture + Associates and BioAlberta!



berry architecture  
+associates

[Berry Architecture + Associates](#) have a client-focused approach to delivering thoughtful architectural solutions across the province and Western Canada. In June 2019 they received the Over 50s Housing/Healthcare Award for “Most Outstanding Seniors’ Housing Architect in 2018.”



[BioAlberta](#) works collaboratively to promote Alberta’s life science sectors locally, nationally and internationally. Their vision is “a thriving and competitive life sciences industry that fuels key sectors of Alberta’s economy.” BioAlberta has membership from a variety of sectors including academic and research institutions and medical devices and technology.

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## BECOME AN ASSOCIATE MEMBER OF ICCER

**Who is eligible for Associate Membership?** Organizations with an interest in supporting and improving continuing care in Alberta, but who are not continuing care provider organizations, post-secondary institutions, or regulatory bodies.

**What are the benefits of Associate Membership?** Benefits are similar to, but not as extensive as those for Organizational Members. Associate Members will not participate in the governance of ICCER but will receive...

- The opportunity to network and collaborate with like-minded organizations in both formal and informal ways;
- The ability for researchers and providers to discuss continuing care research needs;
- The opportunity for staff to join meaningful Communities of Practice (CoPs) in order to learn and collaborate;
- Limited free attendance to all ICCER events (no more than 5 registrations in-person or webinar link/event), unless a charge is required, in which case members pay a reduced fee;
- Pre-registration for major education events;
- Resources and information sent weekly;
- Associate Members-only website that includes knowledge synthesis documents (to help inform best practice), CoP information, ICCER event summaries, and publications that most organizations would not otherwise be able to access; and
- The monthly e-Newsletter

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### SIGN-UP FOR FUTURE EVENT INVITATIONS!

If you would like to receive future email invitations to ICCER events, **click on the link** to be added to our distribution list!

[Click here to subscribe!](#)

## SPECIAL DATES & UPCOMING EVENTS

- October is [Breast Cancer Awareness Month](#)
- October is also recognized as [Occupational Therapy Month](#) in Canada
- October 6 to 12 is [Mental Illness Awareness Week](#) with [World Mental Health Day](#) on October 10
- NorQuest College is holding the [Health Care Aide Conference 2019](#) in Edmonton on October 18
- November 20, 2019—University of Alberta Augustana Campus [grant writing workshop](#)

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## JOIN OUR COMMUNITIES OF PRACTICE

ICCER started a Music Care Community of Practice (CoP) in fall 2016 and recently added a CoP for Educators and Best Practice Leads in continuing care, as well as a collaborative working group for various continuing care policies. All ICCER organizational and associate members are welcome to participate!

- **Music Care CoP**—To help members become more aware of the music care options and resources available to them, as well as discuss issues related to implementing music in care. **The next CoP meeting will be held via teleconference in December.**
- **Continuing Care Educators CoP**—An opportunity for members to share resources, discuss strategies for integrating knowledge to practice, and explore the connection between curriculum and clinical education/practice. **The next CoP meeting will be held via teleconference on December 2, 2019.**
- **Policy Working Group**—ICCER has started a collaborative working group for organizational members to work together on policies, procedures and forms in hopes of making the audit process easier and more consistent. The group will be starting with Continuing Care Health Service Standard #16. **The next meeting date is TBD.**

If you are from an ICCER member organization or associate member and are interested and willing to participate in one of these groups, please contact ICCER's Program Coordinator, Emily Dymchuk ([emily@iccer.ca](mailto:emily@iccer.ca)).

### SUBSCRIBE TO THE ICCER NEWSLETTER!

Click on the link to receive future issues of our monthly Newsletter!

Click here to subscribe!



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